

Yoshimi Miyazaki

SEI PROGRAM MANAGER

Yoshimi leads Six Seconds' global network of emotional intelligence assessors providing training and support to coaches, consultants, and educators world-wide. A master trainer in the SEI Assessment, she has supervised assessment of thousands of individuals and trained hundreds of professionals in a robust methodology to effectively measure and develop emotional intelligence.

As a certified addictions counselor and clinical supervisor, Yoshimi brings a rich background in a career spanning three decades focused on helping people change behavior to live healthy, positive lives. Prior to joining Six Seconds in 2007, Yoshimi led a variety of counseling and treatment programs focused on addiction recovery using client centered, strengths based and cognitive behavioral approaches. She has facilitated groups and educated clients in substance abuse and directed programs. Her broad client base included seniors, adolescents, and men and women with diverse multi cultural, economic and sexual preference backgrounds. This milieu augmented her EQ skills in a natural dynamic manner that has led to Yoshimi to train clients to use the Six Seconds premier assessment tool, the SEI, in the SEI 1:1 Online Certification course.



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